

Linnaea Mallette's
Words Of Wisdom
(WOWs)
For Dealing With
Adversity



Featuring the photographic artistry of
Richard S Hockett, MBA/SunRidge Photo

I believe the ABCs of life are: Adversity, Blunders, and Chaos. Everything great, everything worthwhile, everything which matters, is birthed from Adversity, Blunders and Chaos.

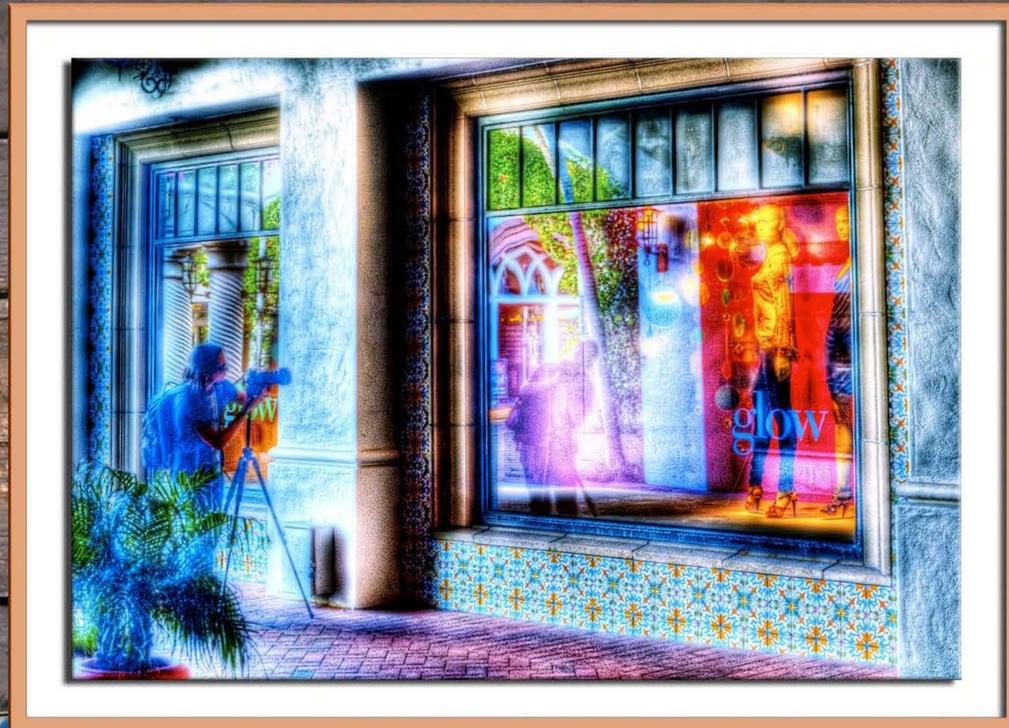
It ordinarily is not easy moving through Adversity, Blunders or Chaos. These Words of Wisdom - "WOWs" I call them - can help us keep our perspective while navigating through a situation that feels less than perfect.

I am an resolute believer in a daily dose of WOW's contributing greatly to our ability to deal with Adversity, Blunders and Chaos and assist us in creating a life we love to live.

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“Some of the best lessons we ever learn we learn from our mistakes and failures. The effort of the past is the window and success of the future”

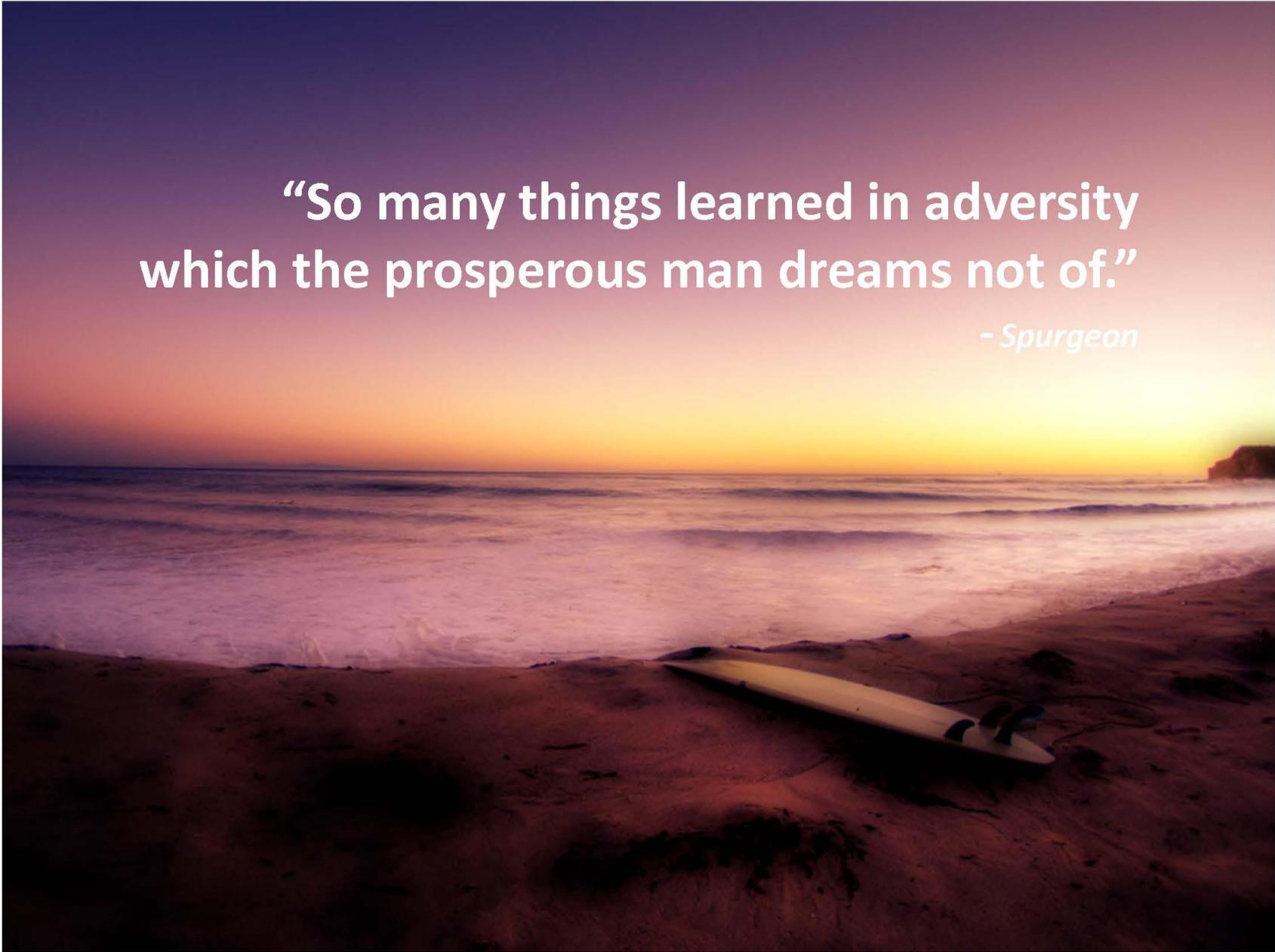
~Tryon Edwards





**“No person ever became
great or good except through
many and great mistakes.”**

~ Gladstone

A photograph of a sunset over the ocean. The sky transitions from a deep purple at the top to a bright yellow near the horizon. The sun is partially obscured by the horizon, creating a glowing effect. The ocean waves are breaking onto a sandy beach. A surfboard lies on the sand in the foreground, angled towards the right. The overall mood is serene and contemplative.

“So many things learned in adversity
which the prosperous man dreams not of.”

- Spurgeon

**“Adversity is the diamond dust heaven polishes
its jewels with”**

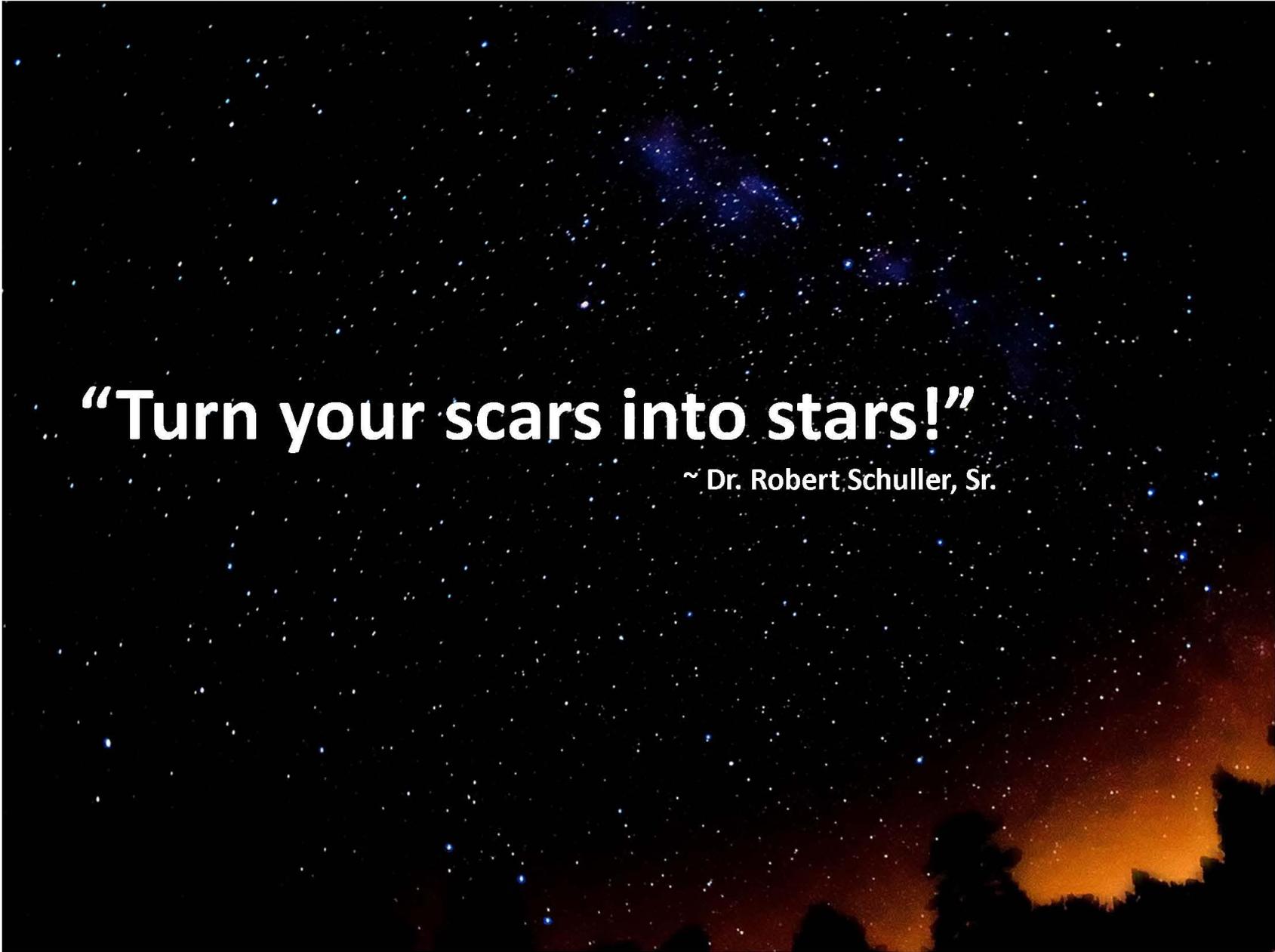
~Leighton



***“For everything
you have missed,
you have gained
something else,
and for everything
you gain, you lose
something else.”***

-Emerson



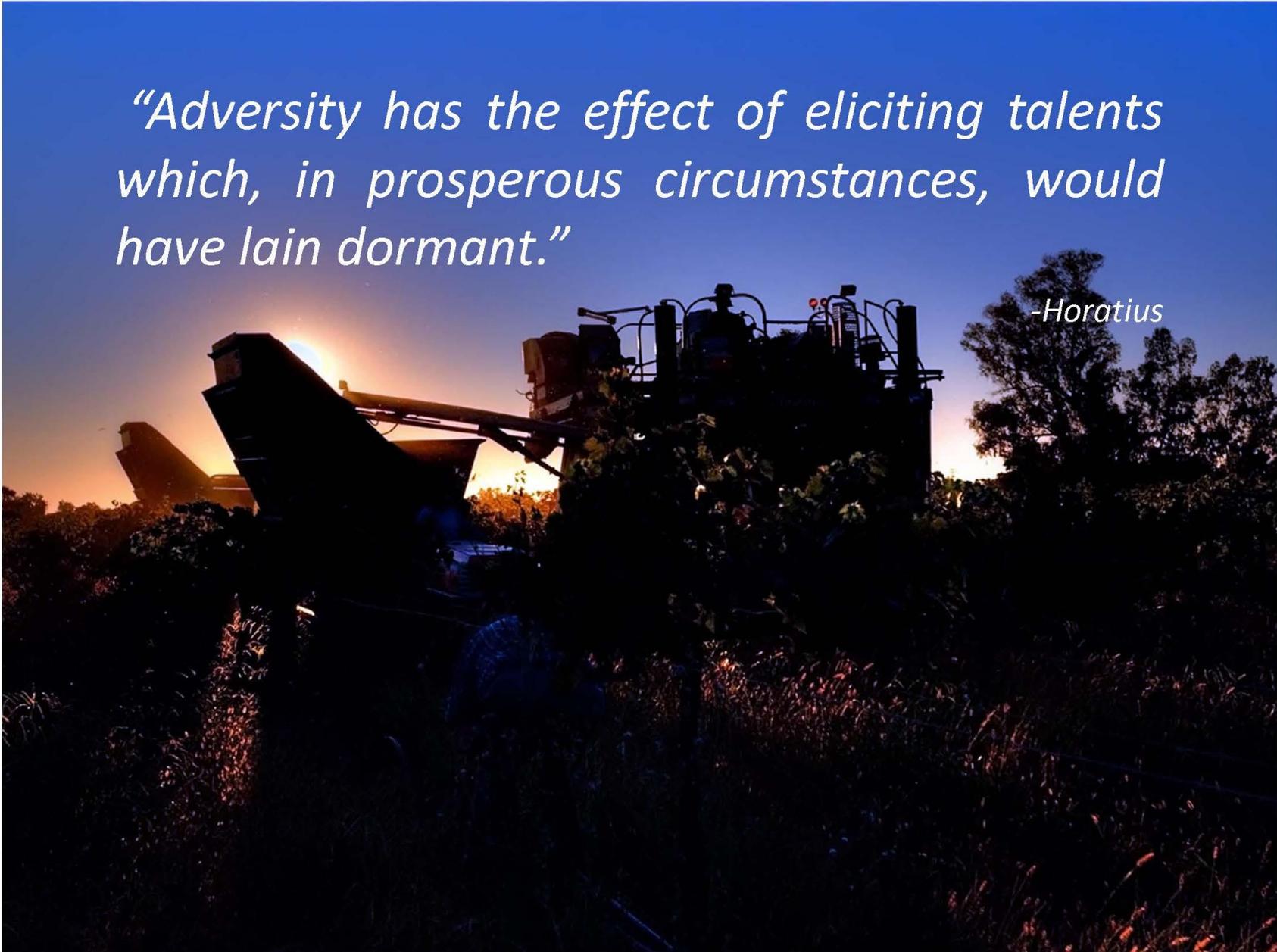


“Turn your scars into stars!”

~ Dr. Robert Schuller, Sr.

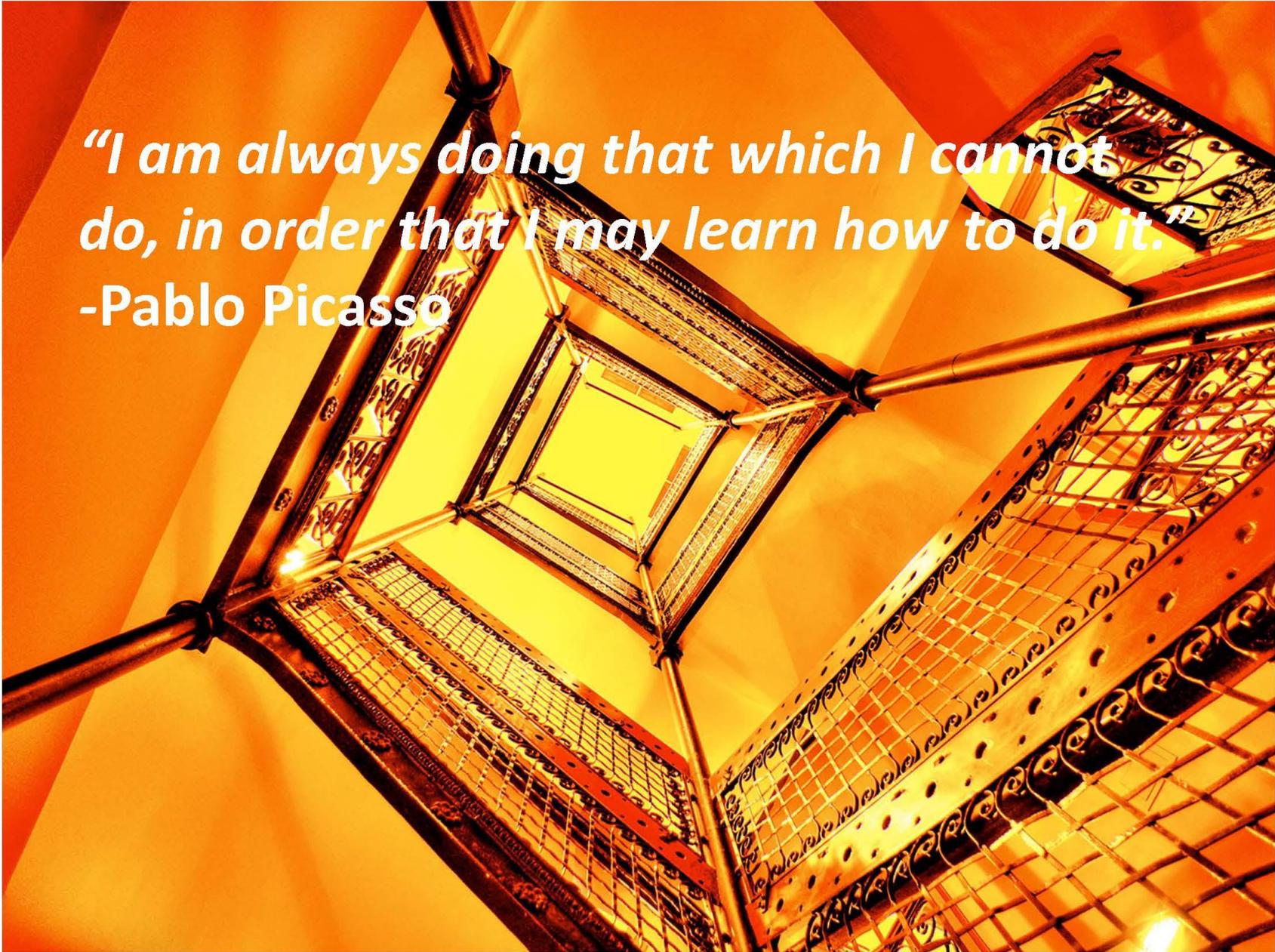
“Adversity has the effect of eliciting talents which, in prosperous circumstances, would have lain dormant.”

-Horatius



“Progress, not Perfection!”
~Alcoholics Anonymous





"I am always doing that which I cannot do, in order that I may learn how to do it."
-Pablo Picasso

“A ship in harbor is safe – but that
is not what ships are for!”

~John A Shedd, *Salt From My Attic*



<http://www.DealingWithAdversity.com>

LinnaeaMalette.com

“Yard by yard
life is hard.
But inch by
inch, life’s a
cinch.”

-Rev. Robert Schuller



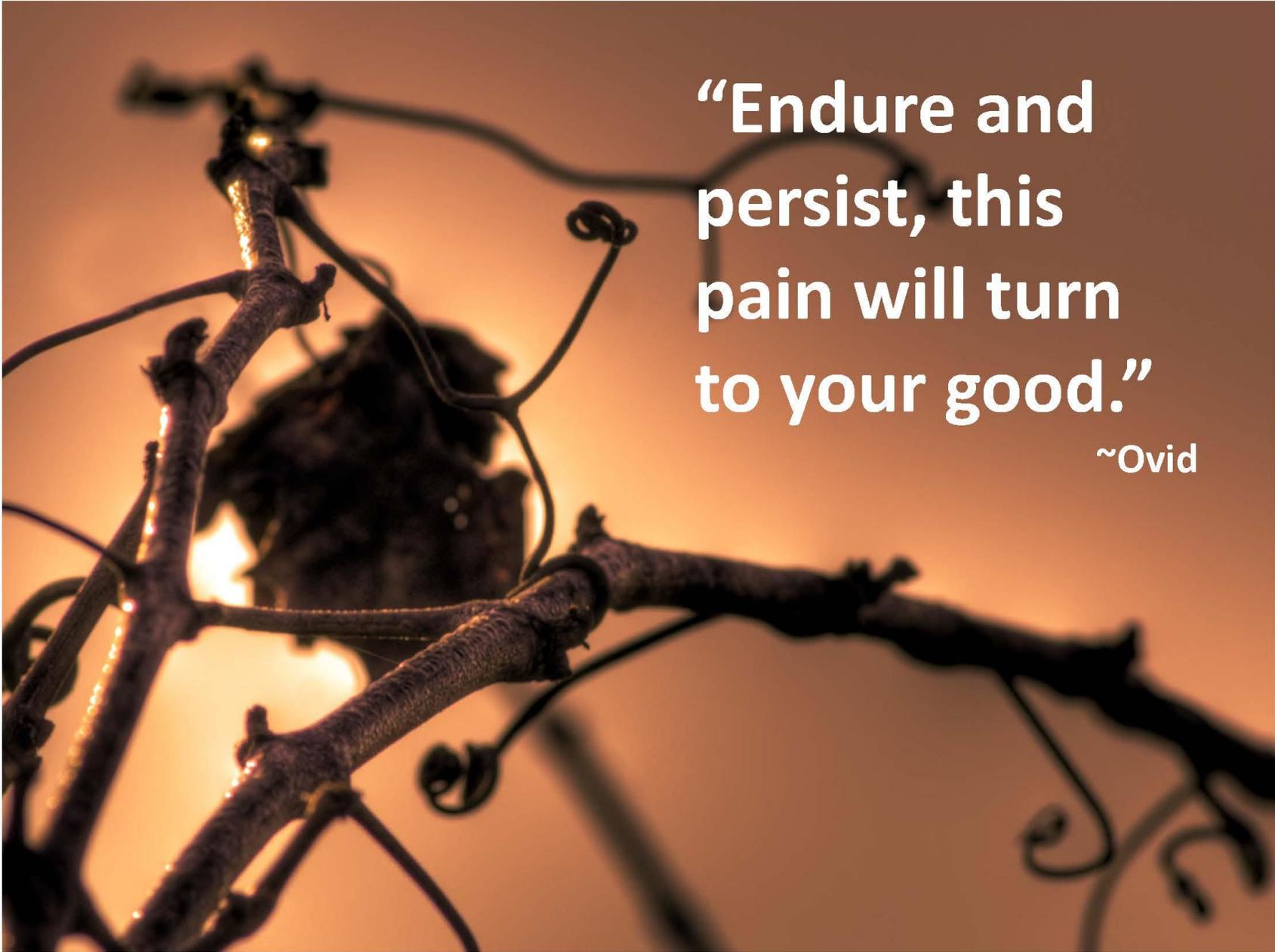


**“We must welcome the night. It
is the only time the stars shine.”**

– Michel Quoist



“You can never plan the future by the past.”
– Edmond Burke



“Endure and
persist, this
pain will turn
to your good.”

~Ovid



“While one person hesitates because he feels inferior, the other is busy making mistakes and becoming superior.”

“A long dispute means both parties are wrong!”

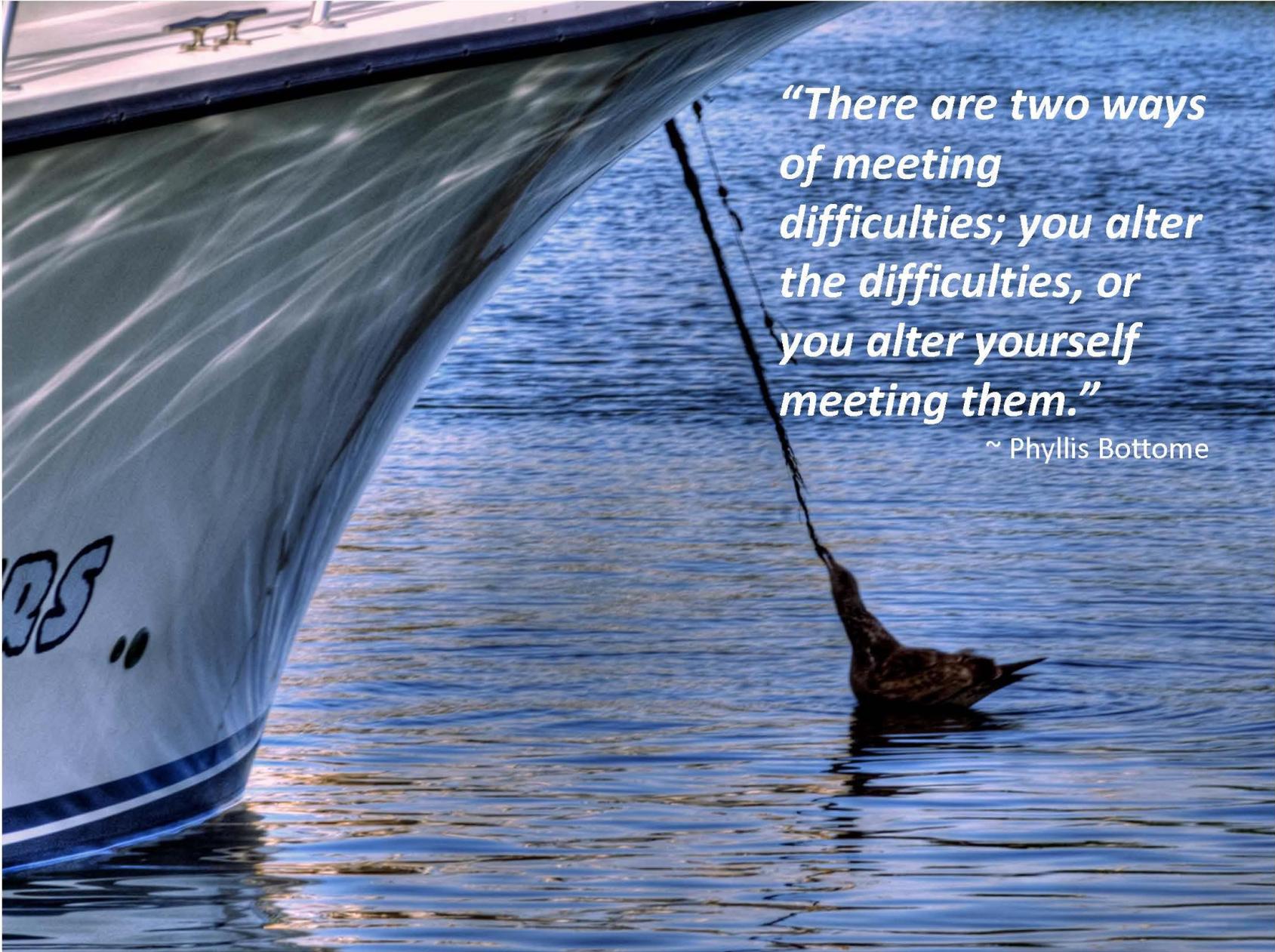
~ Voltaire



“Tears are
often the
telescope by
which men
see far into
heaven.”

~ Henry Ward Beecher





*“There are two ways
of meeting
difficulties; you alter
the difficulties, or
you alter yourself
meeting them.”*

~ Phyllis Bottome



"The way to be safe is never to be secure."

~Thomas Fuller

“Adversity is the first
path to... *TRUTH!*”





About Linnaea

Adversity has not stopped Linnaea Mallette from living a full life; including , the work she loves, a happy marriage, and contributions to her community. Linnaea is a professional speaker, author, photographer and t-shirt designer.

She is the recipient of the Oticon Focus on People Award given to twelve individuals, nationwide, who defy stereotypes about being hearing impaired. She has been featured in UCLA Today and UCLA Spotlight, as well as honored with a nomination for the Chancellor's True Bruin award for her service to the UCLA research community. Additionally, Linnaea served as District Governor for Toastmasters International's District 52 in 2003-04, receiving accolades for her leadership success.

In 2016 she received a standing ovation for her talk on hearing loss on the TEDx Camarillo stage.

LinnaeaMallette.com

The Artist

Richard's parents gave him a Kodak Brownie camera at age 6 – a camera which he still has... and still works – and Richard was hooked on photography. "I was born to the business. My father was a commercial photographer and I was helping in the dark room from the time I was six." Richard's parents gave him his first SLR when he entered high school in order for him to produce images for the school newspaper and the yearbook.

Richard attended Western Illinois University, as well as Northeastern Illinois University, where he graduated with a degree in Business Administration. Even though Richard was pursuing a degree in business - accounting, economics, and marketing, to be exact – his love for photography continued to grow.

In 1982, Richard opened Precious Moments Studio in Round Lake, Illinois. During the years Richard owned Precious Moments Photography, he met thousands of great people from all walks of life. Richard states, "... I photographed more than 700 weddings, as well as pre-schools, a National Beauty Contest, and Seniors – I loved every minute of it because of the people I met and was able to do business with." In 1986, Richard transplanted studio and himself to Southern California; eventually settling in Oxnard, California where he continued to take on wedding and portrait work until 1991.

In 2007, Richard started his second photography business - SunRidge Photo. A connection developed through Richard's involvement in Toastmasters International, resulted in being commissioned to provide the photographic imagery for several books

Whether coaching, teaching, or capturing the moment with his camera, Richard enjoys helping others find their value and live their dreams. His purpose for living... YOUR SUCCESS!

Richard presently resides in Apache Junction, Arizona

