

# Quotes and Words of Wisdom



Featuring Photographic  
Talent of Circe Denyer

**Linnaea Mallette**  
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**Difficulties are meant to rouse, not discourage. The human spirit is to grow strong by conflict. -William Ellery Channing**



**Around here, however, we don't look backwards for very long. We keep moving forward, opening up new doors and doing new things, because we're curious...and curiosity keeps leading us down new paths. –Walt Disney Company**

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*All of us face adversity at some point in our lives. Dwelling on the negative, however, 'though seductive, is an exit into an all-consuming trap of self-pity. Focusing on more positive aspects of your life and on the pluses of a seemingly bad situation will let you enjoy life more. -Kristen Frohnmayer*



The things we are most scared of  
are usually the most worthwhile.

*Mandy Moore from "Chasing Liberty"*



Press on. Obstacles are seldom the same size tomorrow as they are today. *-Robert H. Schuller*

**No matter what the problem may seem to be,  
returning to Love brings us to a state of mind  
where we see the problem differently.**

**– Course in Miracles**





*I learned that courage was not the absence of fear, but the triumph over it. The brave man is not he who does not feel afraid, but he who conquers that fear. - Nelson Mandela*





A positive outlook  
keeps you beautifully  
buoyant as you float  
through the waters of  
circumstances.

**Don't follow your dreams. Chase them**

*Kellie Elmore*



In the middle of difficulty  
lies opportunity.  
*-Albert Einstein*





*The hardest part of  
moving forward is  
not looking back.*

-Sally Reardon from "Felicity"

When all else fails, take a nap.





When someone hurts you, cry a river, build a bridge, and get over it. - Anonymous

If you're going through hell, keep going.

-Sir Winston Churchill



You can't connect the dots looking forward; you can only connect them looking backwards. So you have to trust that the dots will somehow connect in your future. You have to trust in something – your gut, destiny, life, karma, whatever. This approach has never let me down, and it has made all the difference in my life. – Steve Jobs





Love is the flower you've got to let grow. – *John Lennon*





There are no great limits to growth  
because there are no limits of human  
intelligence, imagination, and  
wonder. — *Ronald Reagan*



We cling to our own point of view, as though everything depended on it. Yet our opinions have no permanence; like autumn and winter, they gradually pass away.- *Zhuangzi*



Nothing heals like humor.

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*When one door of happiness closes, another opens; but often we look so long at the closed door that we do not see the one which has been opened for us. – Helen Keller*



Accept challenges  
so that you may  
feel the exhilaration  
of victory.

*-George S. Patton*

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Challenges are what make life interesting;  
overcoming them is what makes life  
meaningful. - *Joshua J. Marine*



I believe The ABCs of life are Adversity, Blunders and Chaos. Everything great, everything worthwhile, everything which matters, is birthed from Adversity, Blunders and Chaos.

It isn't always easy to move through Adversity, Blunders or Chaos. I have found that Words of Wisdom, "WOWs" I call them, can help us keep our perspective while navigating through a situation that feels less than perfect.

I am a resolute believer in a daily dose of Wow's contributing greatly to our ability to deal with Adversity, Blunders and Chose. They can assist us in creating a life we love to live.

Read My Lips. You Can Do It!



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Quotes and Words of Wisdom, (WOWs I call them) are essentially thought-provoking and usually good-feeling phrases shared by people from all walks of life, living or deceased.\* For me, quotes are vitamins for my soul. I discovered the power of quotes in 1981, when someone at work sold March of Dimes coupon books that had coupons on one side and a beautiful picture with a pithy quote on the other side. I NEVER used the coupons. I devoured the quotes. They were SO instrumental in shifting my way of showing up in the world.

I believe they can do the same for you! Enjoy and feel free to share!

*Linnaea*

\*Quotes with no attribute are my own

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# Circe Denyer



I began photographing bugs and plants as a teenager. At the time the photographs were for assignments. Later I photographed my children, then did some scenics.

It wasn't until recently that I began to photograph on purpose. This change helped me to get the images in this work and the series of books I am producing in the early part of 2014. Please enjoy this to it's fullest!



Thank you for reading my Words of Wisdom (WOWs) for 2014

I believe, through personal experience, that one of the secrets to accelerating your personal success is by reprogramming your subconscious mind. The awe of beautiful images opens your mind and lowers the resistance. The words of wisdom are then able to sink in much quicker and deeper. That is the beauty and power of these free WOW picture ebooks.

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